



Harrisonburg
City Public Schools

Area Mental Health Services

Community Counseling Center

(540) 433 - 1546

office@hbccc.org

- Currently accepting new patients and youth patients but availability depends on schedule and evening times are limited
- Individual, couple, family, and group counseling services
- Adult and adolescent groups for anger management, substance abuse, and domestic violence
- Has one spanish-speaking provider
- Accepts Medicaid
- Sliding fee scale

Charis Institute

(540) 568 - 1876

- Currently accepting new patients and youth
- Provides individual, group (children, teens, and adults), family, and couples counseling services
- Psychological testing is available
- Spanish-speaking providers available
- Accepts most insurance and Medicaid
- 25% discount for patients without insurance

Collins Center

(540) 434 - 2272

- Currently accepting new patients and youth (If there is a wait list for services, at minimum, the Collins Center is able to provide support sessions right away)
- Provides sexual assault and mental health treatment for anyone affected by sexual violence
- One spanish speaking provider is available
- Services are free at this time



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Compass Youth and Family Services

(540) 437 - 1605

- Provides intensive in-home services, mental health skill building, and autism support services to individuals with adaptive impairments
- Currently accepting new patients (afternoon waitlist 3-8 months)
- Non-school aged children can typically start services faster due to a more flexible daytime schedule
- Clinicians meet with families in the home and community to provide services for up to 20 hours/week
- Individual and family counseling services (includes caregiver training)
- Accepts Medicaid, private insurance, CSA pay, or self-pay

Family Life Resource Center

(540) 434 - 8450

- Currently accepting new patients
- Works from a Christian faith perspective
- Works with individuals, couples, and families
- No Spanish speaking providers
- Most insurance and Medicaid accepted (Sliding scale fee)
- Offers scholarships for students (costs are 35 - 60)

Anne Fisher, LPC

(540) 434 - 7025

- Areas of expertise: anxiety, depression, eating disorders, and relationship issues
- Works with adolescents and adults
- Provides services in a group setting or with an individual



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Harrisonburg Rockingham Community Services Board

Main Line: (540) 434 - 1941 , Emergency After Hours: (540) 434 - 1766

- Provides therapy, case management, mental health support, residential day support, and emergency services
- Serves individuals with mental illness, intellectual disabilities, or substance use disorder
- Fees are based on an individual's ability to pay
- Accepts most insurance and Medicaid

JMU CAPS (Counseling and Psychological Services)

(540) 568 - 1735

- Currently accepting new patients and youth patients (two month wait list for therapy and four month wait list for assessment services)
- Provides services to children, adolescents, and families
- Provides counseling services and psychological assessment and testing
- This is a training clinic so there are student clinicians
- No Spanish speaking providers
- Does not accept insurance and does not bill Medicaid (charges \$5.00 per session for Medicaid patients)
- Flexible payment plans available

Tara Langston, LPC

(540) 437 - 0212

- Areas of expertise: substance abuse, personal growth, mental health disorders, parenting concerns and anger management
- Works with individuals (12 years and up), couples, groups, and families
- Accepting new clients
- Most insurance and Medicaid accepted



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National Counseling Group

(540) 437 - 0403

- Currently accepting new patients
- Provides individual and family counseling services, intensive in-home services, outpatient mental health support services, and mental health skill building
- Works with youth and their families
- Currently no Spanish speaking providers
- Accepts Medicaid, private insurance, self-pay, FAPT
- No reduced rates for students

Newman Avenue Associates

(540) 434 - 2800

- Provides cognitive behavioral therapy, psychodynamic, family systems, biopsychosocial, play therapy, life coaching, training, and consulting services
- Individual, couple, and family counseling services
- Accepts Medicaid and private insurance

Joseph Pellegrino, Ph.D.

(540) 574 - 2210

- Areas of expertise: depression, ADHD, anxiety, anger management, divorce, adoption, blended family issues, and chronic illness
- Provides individual therapy, play therapy, family therapy, and couples/marital counseling
- Works with children, adolescents, and adults
- Most insurance is accepted



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RMH Behavioral Health, Outpatient Services

(540) 564 - 5960

- Wait list for adults and adolescents
- Services include individual, couple, and family therapy for adolescents and adults, partial hospitalization/day treatment program (intensive outpatient for those in crisis), addiction services, grief and loss, eating disorders, biofeedback and stress management, 24 - hour psychiatric emergency services
- Currently no Spanish speaking providers
- Most insurance is accepted as well as most, but not all, Medicaid plans
- No reduced rates for students
- Self-pay discount

Shenandoah Psychological Services

(540) 251 - 7728

info@shenandoahpsychologicalservices.com

- Areas of expertise: anxiety, depression, relationships, trauma, life guidance
- Services offered: psychological and neuropsychological testing, counseling, parenting classes, anger management groups
- Provides individual, child, family, couples, and group therapy

Judith Weaver, Ed. S., LPC

(540) 433 -1291

jwalpc@aol.com

- Areas of expertise: Childhood trauma, adult children of alcoholics, codependency, gender issues, domestic violence, and relationship concerns
- Accepts most insurance



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Richard Wettstone, Ed. D

(540) 434 - 9430

lpcrpw@verizon.net

- Specializes in marital and family issues, addictions, stress management, depression, adolescent substance abuse, and adolescent behavioral problems
- Accepts most insurance
- Does NOT accept Medicaid or Medicare

Hillary Wing-Richards, MA, Ed. S., LPC

(540) 434 - 8281

- Specializes in relationship issues, depression, anxiety, eating disorders, anger management, self-esteem, crisis intervention for domestic violence and sexual assault, survivors of childhood sexual and physical abuse, divorce and step-family issues
- Works with adolescents through adulthood
- Most insurance is accepted