

Menu for the week of February 13, 2017

Twitter- @STREAKSCAFE

Instagram-hhsstreakscafe

A complete lunch is: 2 oz. protein, 2 or more servings of grain products, 1 cup serving of fruits, 1 cup serving of vegetables, 8 oz. milk.

A lunch must have a minimum of a ½ cup serving of fruit or vegetable.

**MADE WITH LOCAL INGREDIENTS*

Lunch Line	Monday	Tuesday	Wednesday	Thursday	Friday
A different ethnic food everyday! #World	Chicken Bowl Quinoa Flatbread	Egg Rolls Valentine's Cookie	Beef Pattie* w/Gravy Roll	Spaghetti w/Beef* & Mariana Sauce Texas Toast	Variety Day
Grilling up your favorite sandwiches and fare! #Grill	Variety Day	Chicken Sliders Valentine's Cookie	Cheeseburger*	Egg & Cheese on Mr. J's Bagel	Hot Dog Bar
Veggies, soup & sandwiches. #SaladBar	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2- proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*
Healthy choices on the go! #Grab & Go	Deli Sandwiches P & J Yogurt Cheese Sticks Sunflower Seeds	Deli Sandwiches P & J Yogurt Cheese Sticks Sunflower Seeds	Deli Sandwiches P & J Yogurt Cheese Sticks Sunflower Seeds	Deli Sandwiches P & J Yogurt Cheese Sticks Sunflower Seeds	Deli Sandwiches P & J Yogurt Cheese Sticks Sunflower Seeds
A different pizza everyday! #Pizza	Stuffed Crust Cheese	Taco Pizza Valentine's Cookie	Pizza Bar	Pepperoni Pizza	Two Cheese
Sub Shoppe Build your own sandwich! Yogurt Bar Build your own parfait! #Everything	Sub Shoppe	Strawberry Yogurt Bar Valentine's Cookie	Cheeseburgers*	Yogurt Bar	Sub Shoppe
Fruits/ Vegetables Choose up to 4-1/2c. servings #ALLlines	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies w/Dip Kale	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies w/Dip Orange Carrots	Fresh Fruit Canned Fruit 100% Fruit Juice Mashed Potatoes	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies w/Dip Variety	Fresh Fruit Canned Fruit 100% Fruit Juice Baked Beans

- www.myschoolbucks.com

Check student lunch account balances and to add funds to accounts.

(Free to monitor balances; \$2.50 transaction fee to add funds)

Breakfast Prices: \$0.75, Reduced \$0.30, Adult \$1.50

Lunch Prices: \$2.15, Reduced \$0.40, Adult \$3.00

Non-discrimination Statement: "USDA is an equal opportunity provider and employer."